

for a little extra yum

Mrs. Richardson's® Caramel Pineapple Smoothie

Featuring: Mrs. Richardson's® Sea Salt Caramel Dessert Sauce

Need a sweet start to your day or a post-workout treat. This caramel pineapple smoothie is really going to hit the spot. It's refreshing and tropical, yet sweet and indulgent. Use fresh or frozen fruit blended with your preferred milk to make it taste just right for you. Happy sipping!

Ingredients:

- · 1 cup vanilla yogurt
- 1 cup frozen pineapple chunks (8-10 medium pieces)
- 1/4 cup Mrs. Richardson's® Sea Salt Caramel Sauce Dessert Topping

Directions:

- **Step 1:** Place the caramel sauce into microwave safe dish.
- Step 2: Microwave for 15-30 seconds until slightly thinner.
- Step 3: Place all of the ingredients in a blender jar. Blend until smooth and everything is incorporated.
- Step 4: Serve immediately.
- **2 servings

